

Office & Reception

Fundraising

Grant, community, trust, major donor, commissioning; whichever type of fundraising you have experience in, we would welcome your support in our efforts to raise money to run our many services which aim to improve the wellbeing of older people in Westminster.

Information & Advice Service

Information & advice is provided through home visits, face-to-face at community advice points and over the telephone with enquiries on a wide range of topics related to older people such as welfare benefits advice, local services, health and other issues. If you think you have what it takes to support our I&A team, please use the contacts below.

Administration & Finance

No organisation runs efficiently without effective service support staff. We are always in need of good administrators, project planners and people with key skills in finance.

You can contact us in the following ways;

Email – volunteering@acwestminster.org.uk

Telephone: 020 3004 5612

www.acwestminster.org.uk



Chief Executive: Martin J Davies
Company Limited by Guarantee in England and Wales no. 2788761

Registered Charity No 1018300.



AGE Westminster
Concern

Volunteer

Volunteers are central to the core values of Age Concern Westminster

We depend extensively on the commitment of our **volunteers** who provide services and support in every aspect of the charity's work. Many of our services are provided exclusively by volunteers such as our befriending, escorting, handyperson and gardening schemes.

Our reception and information services are run exclusively by volunteers, and they also support our general office in clerical duties and with the retail and trading side of the charity to raise funds for our work.

Our volunteers support us in running our clubs, support our outreach staff and facilitate activities, assist us with recruiting staff and help us raise vital funds through many of our fundraising activities during the year.

One Hour

As little as one hour a week can make a huge difference to the wellbeing of an older person. The Home Services Scheme is run exclusively through volunteers. The success of the service relies on your generosity, please get in touch and donate an hour of your time.

Home Services

Gardening & Handyperson Service

Our small **gardening** and **odd jobs** schemes assist with those small tasks around the house and garden that become increasingly more difficult as we get older. These are highly valued services that we desperately need suitably experienced and qualified volunteers to help us provide.

Befriending & Escorting Service

Our befriending scheme which is co-ordinated by a paid member of staff and run exclusively with volunteers is always over-subscribed and we target those older people that are most isolated and most lonely. In Westminster, over 50% of people over 65 live alone, and up to 7,000 older people have depression. Finding a new friend through us who will visit a housebound older person once or twice a week breaks the monotony of isolation and is something that is looked forward to by the 300 older people that have befrienders through us.

Our escorting scheme, which is funded by NHS Westminster, accompanies older people on visits to hospitals, doctors, dentists and opticians. A visit to the hospital can be traumatic for many people, and to undertake that visit on your own can be even more worrying. Being accompanied by a volunteer who can spend time with you before and afterwards, and sit with you during the wait can make the whole experience less stressful and more bearable.

Charity Shops

522 Harrow Road, W9 & 268-272 Edgware Road W2

We have two busy charity shops that have volunteer opportunities for people with experience in this field and those wishing to gain that experience. We ask that you commit to a minimum of four hours a week and will provide full training for the role.

***'Volunteering for Age Concern Westminster
allowed me to gain the experience to
compliment my skills. Through my time with
ACW I have now secured a full time job'***

RL – Administration Volunteer 2005 - 2008