

For more information please contact us at:

Age Concern Westminster:

(soon to be known as Age UK Westminster)

020 3004 5618

Open Age:

020 8964 1900

Westminster Adult Education Service:

020 7641 7099

Alternatively you can email us at:

ReachingU@acwestminster.org.uk

**Enrol and Pay at chosen activity, fees are £1/hour,
*Some activities are payable in advance**

**We strongly advise that you contact the organisation directly
before attending the activity as dates may vary**

Reaching U is funded by Westminster City Council

Supported by



Reaching U Venues

North

Amberley Road Centre
Amberley Road
W9 2JJ

Barbara Brosnan Court
46 Grove End Road
NW8 9PN

Ernest Harris House
61 Elgin Avenue
W9 2BX

Hardy House
64 Great Western Road
W11 1AA

Harris Centre
(Leonora Club)
51 Lanark Road
Maida Vale
W9 1DE

Mary Seacole House
29-39 Warlock Road
W9 3LP

Penfold
60 Penfold Street
NW8 8PJ

Rayne House
170 Delaware Road
W9 2LW

St John's Wood Library
20 Circus Road
NW8 6PD

St Stephen's Church
Westbourne Park Road
W2 5QT

Wharncliffe Gardens
Community Hall
Birchvale Court
Warnccliffe Gardens Estate
NW8 8JF

Westminster Academy
The Naim Dangoor Centre
255 Harrow Road
W2 5EZ

South

Community Hall
Churchill Gardens Estate
SW1V 3AQ

Dryburgh Hall
Abbots Manor Estate
Alderney Street
SW1V 4ET

Open Age Hub
Glastonbury House
Abbots Manor Estate
Warwick Way
SW1V 4NT

Gretra Hall
Vincent Street
Grosvenor Estate
SW1P 4HB

St Gabriel's Vestry Hall
30 Warwick Square
SW1V 2AD

St James's Library
62 Victoria Street
SW1E 6QP

St Margaret's Drop-in
1 Carey Place
40-44 Vauxhall Bridge Road
SW1V 2RT

Central

Club 60/
All Souls Club House
141 Cleveland Street
W1T 6QG

Covent Garden Club
E42 Odhams Walk
Off Shelton Street
WC2H 9SB

Frith Street Centre
19-20 Frith Street
Soho
W1D 4JR

Marylebone Library
(entrance in Gloucester
Place)
109-117 Marylebone Road
NW1 5PS

Mayfair Library
25 South Audley Street
W1K 2PB

Paddington Library
Porchester Road
W2 5DU

Westminster Reference
Library
35 St Martin's Street
WC2H 7HP

Reaching U

A programme of weekly learning activities for the over 50s across Westminster



Reaching U is a joint project between Age Concern Westminster,
Open Age and Westminster Adult Education Service



PROGRAMME INSIDE

ACTIVITIES PROGRAMME TERM THREE, 2010

*Westminster Adult Education Service
(WAES) - 020 7641 7099

Age Concern Westminster
(ACW) - 020 3004 5618

Open Age
(OA) - 020 8964 1900

ACTIVITY DAY TIME STARTS VENUE

NORTH

Visual Art	Mon	Enquire & Book with WAES - 020 7641 7099	*Warnclyffe Gardens, NW8
Internet & Email	Mon	Enquire & Book with WAES - 020 7641 7099	*St John's Library, NW8
Jewellery (FP0063AM)	Mon	10:00am - 1:30pm	*Amberley Road Centre, W9
Ceramics (FP0056AM)	Mon	11:30am - 3:30pm	*Amberley Road Centre, W9
Tai Chi	Tues	10:00am - 11:00am	Penfold, NW8
All Our Histories - Hippies to High Rise	Tues	10:30am - 12:30pm	Rayne House, W9
French - Lower Intermediate	Tues	11:15am - 1:15pm	Penfold, NW8
Ballroom & Latin Dance	Tues	1:15pm - 2:15pm	Harris Centre, W9
China Restoration (FP6075AM)	Wed	10:00am - 1:00pm	*Amberley Road Centre, W9
Art for All	Wed	11:00am - 1:00pm	Hardy House, W11
Singing for All	Thurs	10:00am - 12:00pm	Ernest Harris House, W9
Chair Base Exercise to Music	Thurs	11:30am - 12:30pm	Barbara Brosnan Court, NW8
Gentle Exercise & Core Stability (FP0019SS)	Thurs	1:30pm - 2:30pm	*St Stephen's Church, W2
Flexi Computer Course	Fri	10:00am - 12:00pm	Harris Centre, W9
Chair Based Exercise to Music	Fri	10:30am - 11:30am	Mary Seacole House, W9
Beginners Internet & Email	Sat	Enquire & Book with OA - 020 8964 1900	Westminster Academy, W2
Intermediate Internet & Email	Sat	Enquire & Book with OA - 020 8964 1900	Westminster Academy, W2

SOUTH

Gentle Exercise & Speaker	Mon	Enquire & Book with WAES - 020 7641 7099	*Millbank, SW1P
English Conversation	Mon	3:30pm - 4:30pm	Open Age Hub, SW1V
Beginners Computer Course	Mon	Enquire & Book with ACW - 020 3004 5618	*St James's Library, SW1V
Tai Chi for Beginners	Tues	1:00pm - 2:00pm	Dryburgh Hall, SW1V
Art & Crafts	Wed	10:00am - 11:30am	Churchill Gardens, SW1V
Internet & Email (FP0087CH)	Wed	1:00pm - 3:00pm	*Churchill Gardens, SW1V
Internet & Email	Wed	Enquire & Book with WAES - 020 7641 7099	*Churchill Gardens, SW1V
Yoga	Thurs	10:30am - 12:30pm	Open Age Hub, SW1V
Line Dancing	Thurs	1:00pm - 2:00pm	St Gabriel's Vestry Hall, SW1V
Gentle Exercise & Core Stability (FP0009SM)	Thurs	2:30pm - 3:30pm	*St Margaret's Drop-in, SW1V
Filmmaking for Beginners		Enquire & Book with OA - 020 8964 1900	Open Age Hub, SW1V

CENTRAL

Guide to Gadgets and Gismos	Mon	Enquire & Book with WAES - 020 7641 7099	*Mayfair Library, W1K
French Upper Intermediate (FP6513FR)	Mon	1:00pm - 3:00pm	*Frith Street, W1D
Art for All	Tues	10:00am - 12:00pm	Covent Garden Club, WC2H
Bridge for All	Tues	10:00am - 12:00pm	Covent Garden Club, WC2H
Beginners Computer Course	Tues	Enquire & Book with ACW - 020 3004 5618	*Marylebone Library, NW1
French Conversation (FP8267FR)	Tues	10:30am - 12:30pm	*Frith Street, W1D
Beginners Computer Course	Tues	Enquire & Book with ACW - 020 3004 5618	*Paddington Library, W2
Visual Art Course (FP0015CT)	Wed	2:00pm - 4:00pm	*Club 60, W1T
Beginners Computer Course	Thurs	Enquire & Book with ACW - 020 3004 5618	*Westminster Ref Library, WC2H
Italian Conversation (FP0043FR)	Thurs	3:00pm - 5:00pm	*Frith Street, W1D

*Activities payable in advance

We strongly advise that you contact the organisation directly before attending the activity.
For full address details please see the back of the programme.