

Homeless no more

At long last, Teresa and all the Pullen staff and clients have gone home. The new carpet has been laid following the third flood in quick succession and normal service has been resumed.



Teresa and client Stephen Kahn enjoy lunch at Pullen

We're now in Summer.....

With the longest day just about upon us, Age Concern Westminster in partnership with Interchoice Holidays are pleased to offer three holidays between now and the end of the year.

Torbay Court Hotel, **30th July (5 Days) £209**, A warm and Hearty welcome guaranteed in this Paignton Hotel.

South Downs, Chichester, **24th Sept (4 days) £189**, A temperate climate and beautiful countryside provide the perfect backdrop to a special break.

Sand Bay, Weston Super Mare, **12th Nov (5 days) £189**, Turkey and Tinsel with free entertainment every night.

Please ring Interchoice direct on 0845 1303 321 to book, but hurry as places are strictly limited.

FEEDBACK

We welcome your feedback. If you have any issues you would like to see raised in *Platinum Age* please do not hesitate to contact us at the address below:

Chris Burton -Age Concern Westminster
268-272 Edgware Road
London W2 1DS
Phone: 020 7224 8622
Fax: 020 7723 0405
Email: cburton@acwestminster.org.uk

New ID from Sue McD

We are updating our identity cards. The new ones are dated and will be valid for one year giving more reassurance to our older clients.

Please see Sue McDaid at Edgware Rd with an up to date passport photograph to obtain your new pass.

A lighter note from Charles at Covent Garden

It is a fallacy that wisdom increases with experience. I make the same mistakes, in judgement and human relations that I always made. The main advantage of increasing age is that we mind humiliation less and have ceased (most of us) to be competitive. That is a tremendous burden lifted from the soul. I am surprised when, as rarely happens younger people treat me unkindly, and when they do I refrain from responding angrily because one of the few things one does learn is that tolerance of other peoples lack of generosity usually results in a softening of their attitude.....Too true!!!

Marriott hosts swinging Tea Dance

On Monday 14th May 2007, clients from the Pullen and Sherborne Centres had a day at the Marriott in Edgware Rd. This event was an ideal way for clients to enjoy afternoon tea and cake as well as dancing to some familiar tunes from yesteryear.

Teresa McFarlane Manager of the Pullen Centre said "Our clients are so excited to be here today. This is such a fun opportunity for them and makes them feel really special. A day out like this is something they will talk about for months to come".



Clients and staff dance the afternoon away



Teresa and client Jacinta Ramalho get into the groove.....

A fantastic launch to our 60th Anniversary



Members of Paddington Rotary Club hand Age Concern Westminster a cheque for £500

Age Concern Westminster 60th Anniversary Celebrations were recently launched with a Greek themed evening at the Leonora Club. Over £1,500 was raised on the night with a generous donation of £500 being given by the Paddington Rotary Club to help towards a new minibus.

Both Sandra Stamou Leonora's Manager and the entertainer Mike Marandi made the evening memorable helped by the lashings of moussaka.

Tony Bunce celebrates his silver

Tony Bunce, a Day Care Officer at our Elgin Centre, chalked up 25 years of service at Age Concern Westminster on the 6th June 2007. A surprise party was organised at Elgin on Friday 8th June, where Tony was met by members of staff and volunteers, past and present, to help him celebrate.

Tony said " It was a nice surprise and a fantastic way in celebrating being with Age Concern Westminster. I was really pleased to see both old and new faces and we all had a great time".

Tony joined Age Concern Westminster as a driver at the tender age of 20 and is the longest serving member of staff, so we hope to see him for a few more years yet!!



Tony from years gone by...

60th Anniversary Celebrations

Now that our 60th Anniversary celebrations are in full swing please make a note of the following events and times for your diaries;

Photographic Competition

From **March to September**

Details are available in both the Edgware Road and Harrow Road shops or by contacting Alex Dalton by email adalton@acwestminster.org.uk or by telephone 020 7724 9347

Latin American Evening

A Latin American Evening will be held at the Leonora club on **Thursday 28th June**, from 6pm to 10pm with tickets available at £15 from Sandra Stamou on 020 7286 0386

Football Tournament

Back by popular demand, and again held at the Linford Christie Sports Centre in Scrubs Lane on **Sunday 8th July**. Details available from Alex Dalton on 020 7724 9347

Cockney Knees up

Elgin Centre's second Cockney Knees up will take place on **Wednesday 15th August**. Details are available from Breeze McKrieth on 020 7286 2043

60th Anniversary Dinner and Dance

The highlight of the year of celebrations is our anniversary dinner and dance on **Tuesday 16th October** which is being hosted together with our friends at Paddington Rotary Club. Please contact Chris Burton on 020 7224 8622 for more details.

A lot of activities are planned for the next few months and we need your help. Please call Alex Dalton on 020 7724 9347 or email adalton@acwestminster.org.uk to see how you can help make a difference.

ActivAGE sw1—It's official !



ActivAGE launch from left to right Cllr Angela Harvey, Michelle Stamou, Cllr Ian Adams, Carl Emilien, Anne Walker & Martin Davies.

ActivAGE sw1 the new dedicated older peoples space in Pimlico was officially opened by Martin Davies Chief Executive of Age Concern Westminster. The launch included a week of a tasters on the full range of activities available including IT, Arts and Crafts and Tai Chi.

Martin Davies Chief Executive of Age Concern Westminster said " The opening of ActivAGE here is great news for the older residents of Pimlico, I am sure that everyone will find something to enjoy among the wide choice of activities on offer".



Left: Tai Chi exercise class in Dryburgh Hall; Above: Martin Davies is helped to cut the cake; Right: Chris Burton and Margaret Dennehy admire Anne Walker's canal art



Alex Dalton puts on his running shoes

Alex Dalton and Tristan O'Garro have grabbed the baton with both hands and will be pounding the streets of London on Sunday 1st July in the British Open 10KM run. They will be raising vitally needed funds for Age Concern Westminster and please log onto Alex's web page to donate. www.justgiving.com/diamondgeezerforageconcernwestminster

Good luck Alex and Tristan

LEONORA ON THE CREST OF A WAVE

The Leonora Club staged another successful silver surfing week on 21st to 25th May in Lanark Road. A group of volunteers from the Prudential technical team helped older people improve their computer and IT skills with one to one tuition.

Club Manager Sandra Stamou said "Silver surfing is proving to be very popular, everyone who attends enjoys the fun atmosphere and find that their IT skills improve with dedicated tuition".