



Westminster

FREE Winter/Spring Outings For Churchill & Warwick Ward with Lunch

Age Concern Westminster have a long history of delivering trips for fifty plus people around the UK. We are pleased to announce that we have been given funds from the Churchill & Warwick Wards budget to deliver outings, with £5 towards the cost of your lunch, over the winter 2010. If you live in Churchill or Warwick ward and would like to take advantage of a free trip, then sign up today by completing your name and address details and the questionnaire below.

If you are 60 plus this is for you!

NEXT Outings Planned:

- Tuesday 23rd February - Salisbury Market + Coach Tour of Stonehenge.
- Tuesday 2nd March – the Farm Maidenhead
- Thursday 11th March – Bournemouth
- Tuesday 16th March – Leeds Castle
- Wednesday 24th March – Worthing Market

If you live in Churchill or Warwick ward and would like to sign up for a free trip, then please complete your personal details below

Full Name: _____

Address: _____

Postcode: _____

Telephone No: _____ **Mobile No:** _____

Email address: _____

We anticipate that these outings will be oversubscribed, and therefore we will try to ensure that all those people that want to go on a trip are able to do so.

Please complete this form and return to us as outings will be starting in March 2010:

**Please return this form to us at:
Age Concern Westminster, 23-25 Praed Street, London W2 1NJ**

If you would like to complete this electronically, then the form can be found on our website www.acwestminster.org.uk and it can be emailed to Sandra at sstamou@acwestminster.org.uk

Confidentiality – Why do we ask so many questions?

To keep up to date with our knowledge and understanding of older people and plan our services better, we gather information about you when you join our services, which we use to communicate with you. We also collate this information anonymously for statistical purposes, which we use to report on the success of our services and to campaign on behalf of older people. We take great care of your personal information and it will not be shared without your permission.

If you are happy for us to share your details, then please tick this box

PLEASE TURN OVER TO COMPLETE THE QUESTIONNAIRE

We would like to know where you would like to go for the day. This may be to the seaside, an historic town, a country park, a special event like a fair or a steam rally or something else. Please note that the **coach is free + you will receive £5 for your lunch**. If you would like to visit country homes or some other place of interest you would be liable to pay the admission fee. Please tick any of the following that would be of interest to you:

- Seaside
- Historic Town
- Wildlife Park
- Country estate & gardens
- Museum
- A special event
- Something else – please specify

Please think of how long you would want to spend on a coach getting to the destination. The longer that you would spend on the coach will increase the choice of destinations that we can consider. Please tick one of the following:

- No longer than one hour to the destination
- Up to two hours to the destination
- Up to three hours to the destination

The longer that you spend on the coach will mean that you will have less time at the destination, so please think of how long you would like to spend at the destination. Please tick one of the following

- Less than two hours
- Between two and three hours
- Between three and four hours
- More than four hours

Some examples of previous destinations for trips that we have organised are Eastbourne, Ramsgate and Winchester. Are there any specific places that you would like us to consider?
(Please specify)

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Please note that wheelchair access is limited on each trip and therefore to plan each trip, it is important for us to collect information on your needs

- Do you use a wheelchair? YES NO
- If YES, are you able to get out of a wheelchair into a seat? YES NO
- Do you have any other disability which may affect your movement on the coach or at the destination? YES NO

If yes, please provide details

- Do you have any special dietary requirements? YES NO

If yes, please provide details

- Is there any other matter that we should be made aware of? YES NO

If yes, please provide details