

# Do you need help to visit the doctor?

**Volunteer Escorting Service for  
Westminster residents over 60.**

Age Concern Westminster and NHS Westminster  
working together for you.



**Telephone:  
020 3004 5612**

# How does this work?

## The service

Our escorting scheme, which is funded by the Primary Care Trust, accompanies older people on visits to hospitals, doctors, dentists, opticians and other medical appointments. A visit to the hospital can be traumatic for many people, and to undertake that visit on your own can be even more worrying. Being accompanied by a volunteer who can spend time with you before and afterwards, and sit with you during the wait can make the whole experience less stressful and more bearable.

## We need a weeks notice

Our escorting service is provided by volunteers and as such we need time to get things organised. You will need to give us a week's notice of a visit to hospital, doctors, dentist or any other medically related appointment so that we can ensure that we get an escort for you. If you are unable to give us this notice we will try our best but cannot guarantee the availability of our volunteers.

**If you think you would benefit from a volunteer escort or if you would like to become a volunteer escort please call us on 020 3004 5612 or email us on [escorting@acwestminster.org.uk](mailto:escorting@acwestminster.org.uk)**



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