

April Get Together

The next staff and volunteer Get Together is on **Tuesday 24th April from 5pm until 7pm**. This will be hosted by Michelle Stamou at our new ActivAGE sw1 centre in Glastonbury Tower Pimlico. Ansai Wu has kindly offered to do the catering, so authentic and sumptuous Chinese cuisine will be available.

Please contact Michelle Stamou on 020 7976 6354 if you would like to come along.

City Parochial funds two years of advice

Age Concern Westminster has been successful in obtaining a grant from the City Parochial Foundation for the funding of a part time Information & Advice worker. The new role will help develop relationships with the Asian and Arabic speaking elders and will help the ethnic minority communities improve their quality of life and increase their confidence and self esteem.

Our Information & Advice Service provides a comprehensive service helping thousands of older people each year. This advice is offered over the telephone and through regular sessions throughout the City of Westminster and at Age Concern Westminster offices in Edgware Road.

FEEDBACK

We welcome your feedback. If you have any issues you would like to see raised in *Platinum Age* please do not hesitate to contact us at the address below:

Chris Burton -Age Concern Westminster
268-272 Edgware Road
London W2 1DS
Phone: 020 7224 8622
Fax: 020 7723 0405
Email: cburton@acwestminster.org.uk

ActivAGE sw1 Update

ActivAGE sw1 has firmly established itself into the local community in Victoria. Michelle has encouraged all of the older local residents to participate in a number of activities ranging from; Computer Studies to Tai Chi, with regular advice sessions and involvement from the local community policing team. The official launch of ActivAGE sw1 will be confirmed shortly.

Westminster Older Peoples Mental Health Strategy

One to pencil into your diaries, Westminster Primary Care Trust are having a consultation event on **Monday 30th April** from 9.30am to 2.00 pm at the Soho Centre, 1 Frith St W1 3HZ.

The consultation event will discuss the services available for people with mental health problems and the plans for providing services to older people living in Westminster with mental health problems over the coming years.

Please come along and contact Chris Burton on 020 7724 8622 who will book a place.

Age Concern Westminster is 60 years young

Back in 1947, with the Second World War still fresh in people's memories and the welfare state being launched, "The Westminster Old People's Welfare Association" was founded, later to become Age Concern Westminster. In the same year Prince Philip and our future Queen, Princess Elizabeth were married and the statue of Eros returned to its rightful place in Piccadilly Circus.

60 years has led to a lot of changes in our society, however Age Concern Westminster has remained committed to older peoples rights and a provider of services in the community. Today, Age Concern Westminster offers a dynamic professional service to anyone over the age of 50.

Our services include Day Care Centres, Clubs, a range of Home Services, Information & Advice, a Healthy Living programme plus a new open access café-style facility in Pimlico.

To celebrate Age Concern Westminster anniversary a range of events are planned throughout 2007, helping to raise valuable funds for a replacement minibus. These events commence with a photographic competition which started in March.

Martin Davies Chief Executive of Age Concern Westminster said " This is an exciting year for all the people involved with us. I am especially proud of the immense contributions that our staff and volunteers, past and present, have made for the older people of Westminster"



Age Concern Westminster Past & Present

60th Anniversary Celebrations

Some of the events planned for our 60th Anniversary celebrations with dates and timings for your diaries;

Photographic Competition

From **March to September**

Details are available in both the Edgware Road and Harrow Road shops or by contacting Alex Dalton by email adalton@acwestminster.org.uk or by telephone 020 7724 9347

Launch of the 60th Birthday

A Greek extravaganza held at the Leonora club on **Thursday 26th April**, from 6pm to 10pm with tickets available at £15 from Sandra Stamou on 020 7286 0386

Football Tournament

Back by popular demand, and again held at the Linford Christie Sports Centre in Scrubs Lane on **Sunday 8th July**. Details available from Alex Dalton on 020 7724 9347

Cockney Knees up

Elgin Centre's second Cockney Knees up will take place on **Wednesday 15th August**. Details are available from Breeze McKrieth on 020 7286 2043

60th Anniversary Dinner and Dance

The highlight of the year of celebrations is our anniversary dinner and dance on **Tuesday 16th October** which is being hosted together with our friends at Paddington Rotary Club. Please contact Chris Burton on 020 7224 8622 for more details.

A few more events are planned with more details to follow in the next issue. These include:

Silver Surfers held at our Leonora Club sponsored by Prutech.

Street Party at the Pullen Centre which will be held in late July.

Summer Garden Party being organised by our Trustees for August.

Canal Trip we have the kind offer of a Canal boat for a day or evening in August.

Old time music hall a good old fashioned evening in mid September.

A lot of activities are planned for the next few months and we need your help. Please call Alex Dalton on 020 7724 9347 or email adalton@acwestminster.org.uk to see how you can help make a difference.

Hungry to be Heard in London?

As part of the national "Hungry to be Heard" campaign Age Concern London are running a listening event on the **11th May from 10am until 3.30pm** at Kings Fund. Talking first hand to London Health professionals, this event will enable older people and their relatives to share personal experiences of eating, help others with eating and malnutrition in London Hospitals. If you would like to go please call Chris Burton on 020 7224 8622.

Nasima joins the WeBAT's

On Wednesday 14th March, the Westminster Benefits Advice Team (WeBAT) was launched between the Westminster City Council, The Department for Work and Pensions and Age Concern Westminster. The team's goal is to provide an effective service for visiting, gathering financial information and providing welfare advice to older people in Westminster.

Our team member, **Nasima Roman**, who joined us specifically for this role is based at St Marylebone Job Centre Plus, 46 Lisson Grove, London NW1

The team members have already started working together and have come up with their own tag line for their team, which is the rather catchy **We BAT 4 U**

Knees up is a Breeze

As part of the 60th Anniversary Celebrations Breeze McKrieth and his team at Elgin are having a "cockney knees up" on **Wednesday August 15th**. An insider was heard to say... *.....it will be a wicked event!!!*



A taste of things to come.....

Japanese friends get their chips

On Thursday 15th March, 52 Japanese students from the Saitana Nursing School dropped into our Leonora, Elgin and Sherborne Centres. They were given a talk on the care we offer at Age Concern Westminster by the centre managers as well as the opportunity to entertain our clients with Japanese games and art related activities. Finally to help our Japanese friends enjoy the British way of life, the nation's favourite was served for lunchFish and Chips!!!